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The premier text for athletic taping and bracing is back in a stunning fourth edition. Newly expanded to cover casting

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techniques, Athletic Taping, Bracing, and Casting, Fourth Edition With Web Resource, continues to set itself apart from the pack with superior photos and illustrations, precise step-by-step instructions, and pinpoint focus on the techniques that athletic trainers and therapists are most likely to apply in clinical practice. Author Ian McLeod joins veteran author David Perrin in this fourth edition to lend further expertise in the application guidelines and precautions for casting and splinting. Additional enhancements include the following:

- A new web resource featuring 56 competency testing checklists that detail the steps required to show competency
- Online video with demonstrations of proper technique, including six clips dedicated to casting
- Twenty new casting and splinting techniques for Achilles tendon ruptures and common

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fractures of the foot, ankle, elbow, wrist, and hand •

Information about the importance of evidence-based practice for the techniques, presented by special contributor Carrie Docherty Athletic Taping, Bracing, and Casting, Fourth Edition, features more than 650 full-color illustrations and photos demonstrating the most frequently applied procedures in clinical practice, some of which are broken down into as many as 16 steps. The book follows a systematic approach for each major joint and body region, covering traditional taping as well as rigid strap taping, elastic kinesiology taping, and techniques for immobilization with casting and splinting. The photos that depict taping sequences feature tape with darkened edges that enable readers to distinguish the layers and patterns of the tape applied in each step, providing

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invaluable visual aids for both students and professionals. In addition, icons in the text will indicate when a technique is also demonstrated in the companion online video. With its concise anatomical descriptions and detailed anatomical illustrations similar to those normally found in advanced texts on anatomy, Athletic Taping, Bracing, and Casting clearly highlights the mechanisms of injury that are crucial for understanding effective taping, bracing, and casting. To further support the practice, the book also presents basic stretching and strengthening exercises for injury rehabilitation. These exercises are illustrated for each body part and can be used in conjunction with the taping, bracing, and casting techniques to prevent injury and help rehabilitated patients maintain strength and flexibility and

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safely return to play. The clear instructional guidance and robust visual support offered in *Athletic Taping, Bracing, and Casting, Fourth Edition*, will allow both future and current athletic trainers to build proficiency—and then mastery—of the performance of these techniques.

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Tap into easy-to-follow, step-by-step guidance on the evaluation and initial management of specific orthopedic and athletic injuries with the companion to *Examination of Orthopedic and Athletic Injuries, 4th edition*. From evaluative

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procedures for palpation and range of motion through neurologic, ligamentous, and special tests, everything you need now in the lab, and later in the field or in the clinic, is here. It's a terrific preparation tool for the BOC examination, too.

Prepare athletic trainers to provide emergency treatment for acute sports-related injuries and illnesses in children, adolescents, and adults—on and off the field. Noted practitioners and educators address all aspects of the evaluation and management of the full-range of medical problems that may be encountered. From emergency evaluation and airway management through the major categories of injury, this timely text meets a critical need in

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the classroom and in practice.

This text embraces the philosophy of 'active' conservative care and a multidisciplinary team approach to treatment. It addresses site specific sports injuries, as well as diagnostic imaging, strength and conditioning, nutrition and steroid use.

5 Stars! Doody's Review Service "Not only will this book educate readers on current concepts and techniques, it also will serve as a valuable reference for developing strategies, policies, and procedures for practicing clinicians." Published in Cooperation with the American College of Sports Medicine (ACSM), Preventing Sudden Death in Sport and Physical Activity examines the etiology, prevention, recognition,

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treatment, and return-to-play protocol of the common causes of sudden death in sport. Chapters are written by content area experts, offering a blend of clinical, scientific, and research expertise regarding each medical condition that is discussed. Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

The latest edition of this in-depth look at athletic injuries of the shoulder has been updated to feature 16 new chapters, additional illustrations and algorithms, an added focus on arthroscopic treatments, and pearls that highlight key information. Additional contributing authors give you a fresh spin on new and old topics from rehabilitation exercises to

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special coverage of female athletes, pediatrics, and golfers. This book offers coverage of arthroscopy, total joint replacement, instability, football, tennis, swimming, and gymnastic injuries, rotator cuff injuries, and much, much more! The large range of topics covered in this text ensures that it's a great resource for orthopaedists, physical therapists, athletic trainers, and primary care physicians. Presents a multidisciplinary approach to the care of the shoulder, combining contributions from the leaders in the field of orthopedic surgery, physical therapy, and athletic training. Demonstrates which exercises your patients should perform in order to decrease their chance of injury or increase strength following an injury through illustrated exercises for rehabilitation and injury prevention. Illustrates how the

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shoulder is affected during activity of certain sports with a variety of tables and graphs. Covers a large range of topics including all shoulder injuries to be sufficiently comprehensive for both orthopaedists and physical therapists/athletic trainers. Features 16 new chapters, including Internal Impingement, Bankarts: Open vs. Arthroscopy, Adhesive Capsulitis of the Shoulder, Cervicogenic Shoulder Pain, Proprioception: Testing and Treatment, and more. Details current surgical and rehabilitation information for all aspects of shoulder pathology to keep you up-to-date. Organizes topics into different sections on anatomy, biomechanics, surgery, and rehabilitation for ease of reference.

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