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role that the traditions of Shintoism,
Buddhism, Confucianism, and Taoism had
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reviews. Through the ages, the samurai have been associated with honor, fearlessness, calm, decisive action, strategic thinking, and martial prowess. Their ethos is known as bushido, the Way of the Warrior-Knight.

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Musashi emphasized that you should be ambitious in setting them. Ambitious goals will help you focus your energies, abilities, and actions to maximum effort.

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advisors, and educators from the fifteenth century through the nineteenth century that provide a comprehensive, historically rich view of samurai life and philosophy.

Training the Samurai Mind gives an insider's view of the samurai world: the moral and psychological development of the warrior, the ethical standards they were

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meant to uphold, their training in both martial arts and strategy, and the enormous role that the traditions of Shintoism, Buddhism, Confucianism, and Taoism had in influencing samurai ideals. The writings deal with a broad range of subjects—from military strategy and political science, to personal discipline and character

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development. Cleary introduces each piece, putting it into historical context, and presents biographical information about the authors. This is an essential read for anyone interested in military history and samurai history, and for martial artists who want to understand strategy.

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"Thomas Cleary shows us how well-known attributes such as the reserve and mystery of formal Japanese behavior are deeply rooted in the ancient strategies of the traditional arts of war. Citing original sources that are popular among Japanese readers today, he reveals hidden forces behind Japanese attitudes and conduct in

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political, business, social, and personal life." --BOOK JACKET.

The Samurai Mind is a collection of five seminal Japanese texts that convey the essence of traditional samurai philosophy and ethics from very different, but complementary points of view. These texts

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Sourcebook range from the ferocious to the esoteric with their common thread being the importance of mastering one's own mind as the key to overcoming opponents. They were written from the mid-18th to early 19th century, The authors were acknowledged master samurai warriors keen to address a broader audience beyond

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their circle of students and acolytes. Their aim was to explain their craft to the outside world, and they do so with great insight. The classic Japanese texts are: The Mysterious Skills of the Old Cat Sword Theory A Treatise on the Sword Joseishi's Discussions on the Sword Ignorance in Swordsmanship Four of the five texts

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Sources here are translated into English for the first time making The Samurai Mind an important addition to the literature on Japanese martial arts and a valuable resource for all martial artists. This samurai philosophy book is an informative look at the samurai of Japan with particular emphasis on the warrior's

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relationship with his samurai sword—the most fabled weapon in history—and on his need to cultivate mental discipline to achieve his goals.

A Collection of Thoughts, Sayings and Meditations on the Way of the Samurai "It is said that what is called "the spirit of an

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age" is something to which one cannot return. That this spirit gradually dissipates is due to the world's coming to an end. For this reason, although one would like to change today's world back to the spirit of one hundred years or more ago, it cannot be done. Thus it is important to make the best out of every generation." □ Tsunetomo

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Yamamoto, Hagakure: The Book of the Samurai A formerly secret text known only to the Samurai, Hagakure is a classic text on Bushido--the Way of the Warrior. More than just a handbook for battle, Hagakure is a text that filled with teachings that still apply in business, political and social situations today. This

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Xist Classics edition has been professionally formatted for e-readers with a linked table of contents. This eBook also contains a bonus book club leadership guide and discussion questions. We hope you'll share this book with your friends, neighbors and colleagues and can't wait to hear what you have to say about it.

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Soul of the Samurai contains modern translations of three classic works of Zen & Bushido. In Soul of the Samurai, bestselling author and respected translator Thomas Cleary reveals the true essence of the Bushido code or Zen warrior teachings according to 17th-century Japanese

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samurai master Yagyu Munenori and his
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of Immovable Wisdom by Takuan Soho
The Peerless Sword by Takuan Soho
Yagyu was a renowned swordsman and

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chief of the Shogun's secret police, while Takuan was the Zen spiritual mentor to the Emperor. This samurai philosophy book contains the first English translations of their seminal writings on Bushido. Cleary not only provides clear and readable translations but comprehensive notes introducing the social, political, and

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Organizational principles that defined samurai culture—their loyalty to family, their sense of service and duty, and their political strategies for dealing with allies and enemies. These writings introduce the reader to the authentic world of Zen culture and the secrets behind the samurai's success—being "in the moment"

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and freeing the mind from all distractions, allowing you to react instantaneously and instinctively without thinking. In these classic works we learn that Zen mental control and meditational training were as important to the Samurai as swordsmanship and fighting skills.

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Learn the ways of the Japanese Bushido Code with this very readable, modern translation of the Bushido Shoshinshu. Code of the Samurai is a four-hundred-year-old explication of the rules and expectations embodied in Bushido, the Japanese Way of the Warrior. Bushido has played a major role in shaping the

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behavior of modern Japanese government, corporations, society, and individuals, as well as in shaping modern Japanese martial arts within Japan and internationally. The Japanese original of this book, *Bushido Shoshinshu*, (Bushido for Beginners), has been one of the primary sources on the tenets of Bushido,

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a way of thought that remains fascinating and relevant to the modern world, East and West. This handbook, written after five hundred years of military rule in Japan, was composed to provide practical and moral instruction for warriors, correcting wayward tendencies and outlining the personal, social, and professional

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standards of conduct characteristic of Bushido, the Japanese chivalric tradition. With a clear, conversational narrative by Thomas Cleary, one of the foremost translators of the wisdom of Asia, and powerfully evocative line drawings by master illustrator Oscar Ratti, this book is indispensable to the corporate executive,

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Sourcebook student of the Asian Culture, martial artist, those interested in Eastern philosophy or military strategy, as well as for those simply interested in Japan and its people.

In this book, Shaw draws upon his knowledge of Asian culture and years of study in the martial arts to show us how

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we, too, can achieve higher understanding through the tenets of Zen Buddhism. Iado - the meditative way of the sword becomes a path to enlightenment. The first step is to learn to control the physical body; once physical senses are honed, the thinking mind can be silenced and can join with the body to become a unified force.

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First published in 2005. Routledge is an imprint of Taylor & Francis, an informa company.

The ancient warrior culture of Japan produced a sophisticated martial philosophy that we know today as

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Bushido—the Way of the Warrior. In Samurai Wisdom, author Thomas Cleary provides five critical new translations of major Japanese works on Bushido. The writings of the scholar Yamaga Soko and his disciples are among the most lucid expositions we have of the core ideas and philosophy underlying the Samurai's

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Sourcebook disciplined way of life and outlook.

Together they provide an in-depth, practical guide to character building and conduct according to the precepts of Bushido—a code for professional warriors that retains as much relevance in today's world as it had when these works were written 400 years ago. Yamaga's writings

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inspired the transformation of the Samurai from a feudal class of warriors under the command of the Shogun to a group of prominent individuals with significant intellectual, political and moral leadership and influence. The works translated in Samurai Wisdom for the very first time are as timeless and essential today as the

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works of Sun Tzu, Musashi and Clausewitz. The five Japanese works on Bushido translated in Samurai Wisdom are: The Way of the Knight by Yamaga Soko The Warrior's Rule by Tsugaru Kodoshi Essentials of Military Matters compiled by Yamaga Takatsune The Education of Warriors by Yamaga Soko

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Primer of Martial Education by Yamaga
Soko

The Book of Samurai series presents the lost arts of the samurai in the English language for the first time. Antony Cummins and Yoshie Minami have brought the teachings of the famed

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samurai school Natori-Ry? back to life through The Book of Samurai series, and present the lost arts of the samurai in the English language for the first time. BOOK ONE is a translation of two secret scrolls and establishes the Fundamental Teachings of a samurai student, revealing the basic traditions of Natori-Ry?. The

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Sourcebook, Heika J ?dan, contains 290 lessons that define the baseline for samurai during times of peace, a time which is considered as preparation for war, focusing each student on expanding their own ability and conduct, giving them the mind-set needed for any battles to come. The second scroll, Ippei Y?k?, moves the

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student onto the field of battle, giving them an understanding of what is expected of them during a campaign of war and providing the necessary guidance for samurai who are to take up arms for the first time. These first two Natori-Ry? documents are an in-depth and detailed account of the practicality of samurai

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warfare, opening up the lost world of these Japanese warriors to all modern readers.

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