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Walter Jehne - The Soil Carbon Sponge, Climate Solutions and Healthy Water Cycles

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Understanding Diet and Health: Webinar with a Professor of Medicine Bruce Robinson MD. How the food you eat affects your brain - Mia Nacamulli Nutrition, a forgotten Science. It should be the flagship Science of Medicine Nutrition Renaissance by Dr T. Colin Campbell!

Off stage Interview 2020 - Author: Colin Campbell -

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second Australian and New Zealand edition equips students to optimise health and wellbeing. With its focus on Australia and New Zealand, the text incorporates current nutrition guidelines, recommendations and public health nutrition issues relevant to this region of the world. This textbook is praised for consistent level and readability, and careful explanations of all key topics (including energy metabolism and other complex processes). It opens with core nutrition topics, such as diet planning, macronutrients, vitamins and minerals, and follows with chapters on diet and health, fitness, life span nutrition and food safety. This book that connects with students - engaging them as it teaches them the basic concepts and applications of nutrition.

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UNDERSTANDING NORMAL AND CLINICAL NUTRITION, 11e, explores the latest approaches to nutrition and nutritional therapy, along with their practical applications. Starting with normal nutrition, chapters introduce nutrients and their physiological impacts, as well as recommended guidelines for good health and preventing disease. Later chapters explore clinical nutrition, including pathophysiology and dietary changes for treating a variety of medical conditions. Known for its easily digestible narrative, UNDERSTANDING

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All people involved with preparation of food for the commercial or retail market need a sound understanding of the food safety risks associated with their specific products and, importantly, how to control these risks. Failure to control food safety hazards can have devastating consequences for not only the consumer, but also the food manufacturer. Make It Safe provides practical guidance on how to control food safety hazards, with a specific focus on controls suitable for small-scale businesses to implement. Small businesses make up around two-thirds of businesses in Australia’s food and beverage manufacturing industry. This book is aimed at those small-scale businesses already in or considering entering food manufacture. Those already operating a small business will develop a better understanding of key food safety systems, while those who are in the ‘start-up’ phase will gain

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knowledge essential to provide their business with a solid food safety foundation while also learning about Australian food regulations relevant to food safety. The content will also be useful for students studying food technology or hospitality who wish to seek employment in the manufacturing industry or are planning on establishing their own manufacturing operation. Illustrated in full colour throughout, *Make It Safe* outlines the major food safety hazards – microbial, chemical and physical – which must be controlled when manufacturing all types of food products. The control of microbial hazards is given special emphasis as this is the greatest challenge to food manufacturers. Topics covered include: premises, equipment, staff, product recipes, raw ingredients, preparation, processing, packaging, shelf-life, labelling and food recalls. Key messages are highlighted at the end of each chapter.

A junior/senior-level text covering nutrition for mother and child (infant through adolescent). Complete coverage of maternal/child nutrition incorporating up-to-date research and cross-cultural material. Focal Points provide an in-depth view of specific issues.

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